



# YOGA RHYTHM®

*Stretching your boundaries*

## 2011 AUTUMN WORKSHOPS BOOKING FORM

### PLEASE SELECT WHICH WORKSHOP YOU ARE BOOKING FOR:

- ◇ **'Partner Fertility' Yoga Rhythm Workshop** : Saturday 22<sup>nd</sup> October  
930-130pm @ Newlife Clinic, The Pines, 2 The Parade, Epsom, Surrey
- ◇ **'Female Fertility Yoga Rhythm Workshop** : Saturday 12<sup>th</sup> November  
930-130pm @ Newlife Clinic, The Pines, 2 The Parade, Epsom, Surrey

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Name :

Address :

Contact Tel. No :

Email:

Please could you let me know in advance whether you have any dietary requirements I need to be aware of?  
Ie/ Vegetarian, Vegan, No Pork etc or Allergies

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### Health & Safety:

Do you have/had any medical condition/s I need to be aware of?

Do you have any physical condition/s I need to be aware of?

Do you have any mental condition/s I need to be aware of?

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Please wear comfortable clothing and bring a bottle of water.  
Mats, blocks, belts are provided but you can bring your own mats too.

**Please arrive at 9am for registration.**

Please complete and return with payment in full.

**Standard Rate : £48**

2 Workshops Combo Offer : £80 (booked before 30/09/10)

You can pay by cash, cheque or by BACS.

Please make cheques payable to Miss Charlene M Sales and posted to Yoga Rhythm Ltd,  
176 Banstead Road, Banstead, Surrey, SM7 1QG. Or pay directly into the following bank  
account : Lloyds TSB, Sort Code 30-94-77, Account No. 02686260.